

SPEEDOMEETING 2026: Session: 5: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 11+					Heat:5, starttime: 14:35
Heat: 5/19 Lane : 0 Athlete: HERMAN WOUT					Q-time: 03:17:60
PB (50m pool): 03:17.60 Antwerpen 13/07/2025					PB (25m pool): 03:02.05 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.89	01:39.64	02:31.96	03:17.60	
	00:46.89	00:52.75	00:52.32	00:45.64	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:5, starttime: 14:35
Heat: 5/19 Lane : 5 Athlete: HERMANS VIKTOR					Q-time: 03:13:42
PB (50m pool): 03:13.42 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 02:48.85 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.27	01:37.12	02:30.38	03:13.42	
	00:45.27	00:51.85	00:53.26	00:43.04	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:5, starttime: 14:35
Heat: 5/19 Lane : 6 Athlete: WAGEMANS DAAN					Q-time: 03:14:60
PB (50m pool): 03:00.52 Antwerpen 08/03/2026					PB (25m pool): 02:58.86 SB: 03:00.52 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.47	01:26.23	02:22.93	03:00.52	
	00:38.47	00:47.76	00:56.70	00:37.59	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:6, starttime: 14:35	
Heat: 6/19 Lane : 7 Athlete: VAN DEN BERGHE VINCE					Q-time: 03:03:91	
PB (50m pool): 02:50.86 Olympic Pool Wezenberg, Antwer 29/03/25PB (125m pool): 02:48.30 SB: 02:50.86 Olympic Pool Wezenberg, Antwer 29/03/25						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:38.47	01:21.70	02:11.81	02:50.86		
	00:38.47	00:43.23	00:50.11	00:39.05		
						

Coach feedback: